

# FOCUS

St Paul's Presbyterian Church

March 2005



## "OFF THE COLLAR"

A memo from our Minister  
Rev. Jack Archibald

Times change. Technology advances. The famous movie producer Sam Goldwyn once picked up a volume of The Complete Works of Shakespeare and said, in admiration, "And to think he wrote it all with a feather!"

I doubt that the first issue of Focus was composed with a feather, but I do know our production methods have improved since Jim Logan assembled it 35 years ago. The copy you are now reading was produced on our new office copier that prints, collates, staples and folds right from the computer in one smooth operation (Fran's only complaint is that it doesn't make coffee!).

Were we to read some back issues of Focus we'd probably find that much has changed around St. Paul's in 35 years. Whole generations have passed from the scene and new ones have emerged. Friends have come into the congregation and moved on again. Children have been born, baptized, nurtured in the faith and are repeating the cycle with children of their own, some still within the congregation and others scattered across the world.

The church building has seen dramatic change. Renovation and expansion have enabled the facility to meet the needs of an evolving congregation, and the new instruments, sound system and projection equipment testify to the development of our worship ministry.

But some things haven't changed since those early days and we must make certain they remain the same. For example, our warm welcome to newcomers, the fellowship we share, our ministry to one another in times of need, the priority we give to mission, both local and global, are core values we need to sustain and enhance.

And our message must not change. Robert Fulford tells how as young men he and Glenn Gould formed a partnership called "New Music Associates," after which Gould immediately began arranging concerts featuring the music of Bach. Fulford asked his partner, "But Glenn, if we are New Music Associates, why are we doing a Bach concert?" Gould replied, "Because Bach is ever new." And so is the Gospel. It's always been relevant, up to date, and applicable to life, from the day it was first preached to the present moment.

This was illustrated for me one recent Sunday when Greg McLinton came into my study to tell me he had something I just had to see. He was carrying a box for an IBM Think Pad, a state-of-the-art laptop computer and perfect symbol of cutting edge 21st century technology. But he opened the box to reveal not a laptop computer but a magnificent family Bible published in 1887! The computer might be able to convey information and accumulate knowledge from all over the world through the internet, make detailed math calculations in milliseconds, correct all my spelling and grammar errors and do a zillion other things, but it can't offer a fraction of the wisdom contained within that old Bible. And while that computer may be obsolete in just a few months, the Bible will remain practical and useful till the end of time.

This 35th anniversary of Focus is occasion to thank God for His faithfulness, and a reminder that "All men are like grass, and all their glory is like the flowers of the field... The grass withers and the flowers fall, but the word of our God stands forever."

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## FOCUS ON ST PAUL'S

This year Focus turns 35 !!! And to commemorate this auspicious milestone we decided to take a look back, to remember the "Good Old Days" and find out how it all began. We are most fortunate to have among us the first coordinator of Focus whom we pressed to write the story of setting up a newsletter at St. Paul's in 1969. Oops we thought it was 35 years until we talked to Jim Logan. And who hasn't made themselves a year or two younger at some time. A natural mistake.

We also reviewed old issues of Focus and learned a few things ourselves. What impressed us most was the quality of the work, much of it produced BC (before computers). And we were awed by the ambitious monthly schedule in those early days. We have a collection of clippings we will share with you now and in the months ahead.

So many people at St. Paul's have played a role in shaping Focus over the years. We will not attempt to list them all, we are just pleased to join them in reporting the news at St. Paul's.

**Happy Birthday Focus, and many more!**

*The Focus Committee*



### UPCOMING EVENTS AT ST. PAUL'S

**March 6th** Communion at both services

**March 20th** Palm Sunday - Single service  
The Choir will present an Easter Cantata at 10:30 am

**March 24th** Maundy Thursday service at 8:00 pm

**March 25th** Good Friday service at 10:30 am

**March 27th** Easter Sunday services at 9:00 and 10:30 am with special music. Bruno Jean will be with us once again.

**April 3rd** Daylight Saving begins - Be sure to turn your clocks ahead!

**May 8th** Mothers' Day

**May 23rd** Victoria Day

**May 29th** Single Combined Service at 10:30 am.  
Sunday School Celebration followed by a barbecue.

**June 5th** Communion at the single service at 10:00 am. (All services for June, July and August will be at 10:00 am)

**June 19th** Fathers' Day

Make note of the special day on **July 10th** when Mark Thallander will be with us for the morning worship service at 10:00 am and for a concert of organ music along with Jeremy McElroy from Pennsylvania at 7:00 pm.

## HISTORICAL ORIGIN OF FOCUS *by Dr. Jim Logan*

Would you believe that the first issue of Focus appeared in April 1969, almost 36 years ago? In that year as new arrivals in St. Paul's, Cele and I attended the Fellowship Club to make friends in our new church home. Discussions were under way in the Club to start a monthly newsletter encouraging submissions of items pertaining to church life, such as notices about activities in the different groups, etc. It was the time when the Rev. Bill Duffy, our first minister at St. Paul's, conducted services at 9.30 and 11.00 a.m. It was felt that this was giving rise to two essentially separate congregations and a newsletter could become a medium for keeping the fellowship united as the family of St. Paul's. Since Cele and I were not yet involved in any formal activity at St. Paul's we were asked if we would undertake this project and we agreed, probably not realizing what was required to produce a newsletter once a month.

A committee was formed of a number of volunteers from the Fellowship Club and the Publicity Committee of the Board of Managers with myself as co-ordinator. The original name of the publication was "Focus on St. Paul's" and we were indebted to John Paul who designed the cover, provided an up-to-date set of mailing stickers and loaned an electric collator on several occasions. Once all the contributions had been submitted, much of the typing on mimeograph stencils was undertaken by Cele, assisted by Jean Phifer and Cathy Myers from time to time. I would then transport

the stencils to Bill Howe who kept the Gestetner in his home and he would faithfully run off all the required 400 plus copies. Memory fails me as to all who served on our committee but Bill and Linda Johnston, former members, were very actively involved. The Annual Report for 1970 mentioned that Dave Alexander joined us as editor of the Young Life-Young Peoples' section. Others mentioned in the 1970 and 1971 reports are John MacPherson, Keith McInroy and John Barclay. "Focus on St. Paul's" was published as ten issues during those years, omitting July and August, and averaged approximately 18 pages per issue.

Due to extensive travel in my work, the task of co-ordinating "Focus" as it soon became known, passed on to Bill Nesbitt in 1972. Bill wisely reduced the frequency of publication to bi-monthly as it had become a considerable task to do on a monthly basis both for the committee and the contributors. I recall that Dr. Jim Ashwin took on the responsibility for a time probably succeeding Bill Nesbitt.

I regard it as a privilege to have been able along with my volunteers to initiate the Focus newsletter as a contribution to our Lord's work in the family of St. Paul's. It is gratifying to see it continuing to the present day and I wish the members of the present committee every success and blessing in their endeavours.



- \* Focus was collated manually, walking around the table.
- \* Erastus was a regular contributor to Focus - who was he anyway??
- \* Elders used to deliver Focus.....or not.
- \* Focus carried personal testimonies.
- \* Focus featured special Advent issues with contributions from many in the congregation.
- \* every committee in the church reported to the congregation in Focus.

# HAVE YOU MET.....?



**Mary Darling**

There are very few positions in St. Paul's that haven't been filled by Mary Darling at one time or another. Mary has been involved in St. Paul's history and ministry since its inception. When told that there would be no services unless teachers could be found, Mary volunteered. She has been volunteering ever since and has watched St. Paul's grow from a small group meeting in D.Roy Kennedy's kindergarten (sitting on the kindergarten chairs too) to the congregation that meets from week to week in our sanctuary.

Mary along with two younger brothers was born and raised in Montreal and attended Kensington Presbyterian Church (now KCK). She remembers with fondness the days when they had Sunday School at 3 pm on a Sunday after which her father would pick them up and take them for a drive around the city. This was followed by a supper of roast beef sandwiches on rye bread and an evening of doing jigsaw puzzles in front of the fire while listening to old radio classics such as Jack Benny and Eddie Cantor.

Mary graduated in nursing from Montreal General Hospital and stayed on at that hospital working in the operating room. A year later she joined the navy and was posted to RCN hospitals in various locations on the east coast. She met native Ottawa Alf Morgan, a communications officer, in Sydney and after they were married at KPC in Montreal they moved to Toronto where Alf studied law at Osgoode Hall. Housing in Toronto was a problem in those days but they were able to find an apartment across from Wellesley Hospital and Mary went to work setting up the operating room in Wellesley's new wing.

Mary and Alf moved to Ottawa where Alf worked for the Foreign Exchange Control Board and upon its demise later with the City of Ottawa. They had two children, David, and Kim who was the first baby baptized in the new sanctuary of Westminster Presbyterian Church. After Alf's untimely death Mary enrolled in Teachers' College and taught school in Ottawa for several years.

In 1970 Mary married Howard Darling, a transportation economist, and 3 more children were added to her family. Howard and Mary had many wonderful trips together before his sudden death in 1977. Mary moved to an apartment on Ambleside Drive shortly after and more recently to Stillwater Creek Senior's Residence.

Volunteer work has been a big part of Mary's life. Did you realize that as President of the Auxilliary at the Civic Hospital Mary set up the shops on Main Street? She enjoys painting and shared that interest with physically handicapped adults for several years. She was also involved in the assembly of the first issue of Focus!! We are thankful for people like Mary. God bless you!



**Jim Logan**

Where might you see Jim? It could be at Carlingwood Mall where he works out at the Fitness club every week. It might be in the parking lot on a Sunday morning as he opens the door for the people he brings to church week by week. It might be at a Bible Study or a Senior's event .

Jim has been active in the ministry at St. Paul's for many years. He was involved in the Fellowship Club, served on the Board of Managers, was a faithful Elder for 25 years, and an initiator of group Bible studies along with David Stevens and more recently, Robert Sandford.

Jim was born near Thorndale, Ontario, a small farming community near London. He remembers the year that electricity finally came to the home farm! Jim attended a one-roomed school and then the Thorndale Continuation School after which he went to St. Mary's Collegiate Institute. It was depression time and jobs were scarce so most summers Jim worked on the family farm. He enrolled in a Business Course in London, and it was there that he met Lloyd Moon.

War came and Jim enlisted in the Air Force. He was commissioned as a pilot officer in the RCAF and was posted overseas where he served in England with 4 different RAF squadrons. He was the navigator on many missions and he gives thanks to God for his safe return to Canada in 1945. Many of his friends were not as fortunate.

After the war Jim went to the University of Western Ontario and completed a PH.D. in Biochemistry. He was married in 1948 to Cele and their son, Bob, was born in London in 1953. They moved to Ottawa in 1954 where Jim worked with Health and Welfare and another son, Fred, was born in 1955. After the tragic death of his wife in 1981 God brought an old friend back into Jim's life and Dorothy and Jim were married in 1982. Theirs is truly an amazing love story!

Jim attended South Nissouri Presbyterian Church while growing up on the farm and when he and Cele moved to Ottawa they became members of Westminster Presbyterian Church where Jim served as an elder. In the late 60's St. Paul's became their home church. It was during a mission at St. Paul's when Dr. DiGangi was put on "the hot seat" that Jim's faith was challenged and renewed.

We thank God for Jim's faithful service over the years and can say with him that the Lord has truly been his Shepherd and guide through all the days of his life. It is easy to see why Psalm 23 is one of Jim's favourite Psalms.

# ST. PAUL'S MISSIONARY FAMILY NEWS

by Muriel Barrington



## **MARTHA ARCHIBALD**

Martha is very happy about the Christian fellowship and caring she is experiencing in Manila where she is now based, and where she lives with OMF missionaries. Her new work involves interviewing families of dissidents and writing reports for a human rights organization. Pray for good health, and protection for her as she travels on the job. She is due home about April 6<sup>th</sup>.

## **PETER PHILPOTT**

Peter continues to work on a very busy schedule with English Bible Study, school classes, conversational groups, etc. He is much appreciated by his "students" who were eager to hear about Jesus at Christmas time. He asks us to pray about his health and creativity in preparation, also for the Holy Spirit to bring life and relevant application to God's Word. He returns at the end of March.

## **DALE AND NATALIE WARD**



The Wards were able to visit along the coast of Kerala where fishing villages had been devastated by the tsunami. They were with workers from the Evangelical Social Action Forum [related to Inter-Varsity] who, along with other NGO's, were able to help very quickly. Some concrete homes survived but the contents were destroyed. They also travelled by train to Mumbai and helped briefly at a mission near there. They are back at the seminary now and still hope to renew their visas to prolong their stay to the end of March.

## **KATRINE BARTON-COWARD** -- *Urban Christian Outreach*

Katrine spends time on the streets of downtown Ottawa listening and caring for those who struggle for survival against drug addiction, various abuses or mental illness. She and her helpers offer dignity, a sense of purpose, and hope for the future. They also offer literacy and life-skills tutoring in a holistic approach. Pray for Katrine as she follows Jesus' example in reaching out to the poor on our behalf.

## **GEOFF AND ESTHER BEATTY AND CHILDREN** - *SIM, Senegal*



The Beattys are using the Jesus film and Chronological Bible Storying in several villages where they have also done medical work and have good relationships with the chiefs. They ask us to pray for a group of people to decide to follow Jesus. They hope to do more health evangelism so fewer children will die from treatable illnesses. Pray for Miriam, Nathan and Philip as they participate in a sports tournament in Dakar the first week of March.

## **ANN BURGESS** - *OMF Thailand*

Ann is expecting to have the Mien Hymnbook completed in February and has also reached the "Z"s in the dictionary project. Pray for encouragement and accuracy in the checking of the Bible translation which she hopes will be finished by the end of this year. Then she can retire!

## **JON AND MARILYN FULLER AND CHILDREN**



They will be moving to Singapore in the summer as Jon has been appointed the International Director of Mobilization for OMF worldwide. This is a big promotion within the organization and he will carry a lot of responsibility, as well as doing a lot of travel. Pray for them as they prepare for the move, decide on the girls' schooling, work on their support budget and have necessary medical checks, etc. They are planning to come to Ottawa on the weekend of May 7-8 so we are looking forward to hearing from them in person then.

## **MICHAEL AND WENDY LESSARD/CLOUSTON AND BOYS** - *Kwansei Gakuin University, Japan*

The family has been well this winter and both Joel and Caleb are now in the same school, which makes scheduling easier. Michael has finished his dissertation and hopes to successfully defend it this spring. Wendy continues with the various groups and classes she leads and asks for prayer for open hearts among the women, as well as prayer for Michael's defence.

## **DAVID AND ANILU YETMAN** - *HCJB World Radio, Melbourne, Australia*



David and Anilu rejoice in the expectation of a baby about June 1st. Pray for continued good health for Anilu and the baby. Dave is very busy changing programs and sorting out problems on the computers. He is also installing a new server and network for the office. They ask prayer that the broadcasts will bring hope and life to the tsunami survivors.



## PRESBYTERIAN WORLD SERVICE AND DEVELOPMENT

*PWS&D is the arm of the Presbyterian Canada which embraces situations of relief and development. While it is an agency of the General Assembly, its operations and finances are independent of those of the rest of the General Assembly, which means that it can access matching funds from government and other outside sources. This enables PWS&D to accomplish much more on our behalf.*

Some donations to PWS&D are designated, such as the recent appeal for Tsunami Relief. That final total as of Jan. 21st was \$707,865.88, which when matched by the Canadian Government, totals over \$1.4 million!. However, undesignated donations give the staff (which is remarkably small, directed by the current Moderator, the Rev. Richard Fee) freedom to work with projects which can be supported in a more significant way, and to meet small emergencies as they arise. When the 2004 books closed, congregations, individuals and matching grants had provided a total of \$9,041,663 - exceeding the budgeted amount of \$8,800,000. (These monies are not part of Presbyterians Sharing, so donations require an extra "write in" line on Church envelopes!).

Membership in Action by Churches Together (ACT), and the Canadian Foodgrains Bank (CFGB) facilitates major relief projects, for CFGB programs are matched by the Canadian International Development Agency (CIDA). ( Some rural congregations donate a portion of their members' crops to the PWS&D account at the CFGB). Food crises have been aided in North Korea, Malawi, Ethiopia, Afghanistan, and most recently in Darfur.

In Overseas community development, some programs are in partnership with CIDA, more within church partnerships. Partnership is key in these projects, working with the indigenous churches. In Kenya, Malawi, Ghana, Tanzania, and Mozambique in Africa, the major focus is on HIV/AIDS control and children's welfare and education. Community Health in North India, and Adult Education and housing in Chennai (Madras) are aided, and a number of projects in Central America are also supported, working with the local churches.

A few examples: In Ghana, PWS&D helps support the Presbyterian Church of Ghana's Community Based Rehabilitation Centre. In Nicaragua youth and families are served by the Center of Life and Hope for Women and children, and in the Caribbean relief after hurricanes was provided through ACT - see the insert in the February "Presbyterian Record" for details of these projects. And there is more information on the website: [www.presbyterian.ca/pwsd](http://www.presbyterian.ca/pwsd).

### A Reflection on Lent

Lent is a forty-day period of penitence and prayer which begins on Ash Wednesday and prepares for the feast of Easter. It is a form of retreat for Christians preparing to celebrate the paschal mystery. It became a forty-day retreat during the seventh century to coincide with the forty days spent by Christ in the desert. Before this Lent usually lasted only a week. Every Friday of Lent was a day of abstinence. Fasting probably originated from the custom of fasting by those who were expecting to be baptized.

Penitential works are very important during Lent. These include not only abstinence and fasting but also prayers and charitable works. Ash Wednesday is one of the greatest days of penitence. Penitence is a means of drawing closer to God. Not an end in itself, penitence is a preparation for celebrating the death and resurrection of Jesus Christ. Christians seek a change of heart during Lent in their relationship to God.

*Adapted from T. J. German*

## Massive Cover Up!



The guards at the tomb of Jesus got the shock of their lives this morning. Sixteen men had been assigned to guard the tomb as there were rumors that the disciples were planning to steal the body.

First there was a violent earthquake, then a shining angel came down, rolled away the stone and sat on it. The guards were terrified. They shook with fear and collapsed like dead men. Finally they ran as fast as they could.

When the chief priests heard the guards' report they were not amused, but they could not deny what had happened. They told the guards to circulate the story that the disciples came during the night and stole the body while they slept. Never mind that they were under sentence of death for falling asleep on duty. The chief priests said they would speak to the governor if necessary to keep them out of trouble. They gave the soldiers a large bribe to circulate this story. Who will believe it? (Matthew 28:11-15).

## Bible Boggle

**HE IS NOT HERE;  
HE IS RISEN!**

Find in the Boggle Puzzle all the words in the Bible verse.  
You may start with any letter-cell and move in any direction -- up or down, back or forth, or diagonally -- and continue in this way until you have formed your word, only be sure NOT to re-use a letter-cell in any one word (you may use it again only when forming another word).

K	E	J	G	E	L
E	H	E	N	R	A
T	R	S	C	A	F
C	I	U	S	I	I
O	W	A	O	D	E
Y	U	H	T	N	B

**THE ANGEL SAID: "DON'T BE AFRAID!  
YOU SEEK JESUS WHO WAS CRUIFIED  
HE IS NOT HERE; HE HAS RISEN AS HE  
SAID".**

## *Ghislaine's Notes*

*While I am getting my notes ready it is a beautiful sunny day! We had very cold days, but to think that the crocuses will be out soon is encouraging.*

### *Gifts for Christmas*

Rob Ashwin took his mother, Myrtle, to Hong Kong. She thought she would miss Christmas Carols but it was quite a surprise when they arrived in Hong Kong Christmas Carols were heard everywhere they went - in the streets, hotels and of course in churches. She enjoyed every moment of it.

### *Soupwich January 30th*

Quite a lunch! So many kinds of soup - minestrone, lentils, beans and beef, squash and pear, and carrot. There were also a variety of sandwiches and delicious squares and cookies. One hundred and fifty attended. If you were unable to be there, think what you missed. SEE YOU NEXT TIME.

### *Visiting St. Paul's*

Tim Weir son of Betty and Richard Weir----Leslie Troup, now in Sechelt B.C. involved in fitness and musical enterprises ----Grant Wilson and his son Jeffrey from B.C. (Grace is still in Cambodia. It seems that the last important papers such as visa and passport are being taken care of right now and we hope that Grace and the little girl will be in Canada towards the end of February)----Andrew Archibald and his fiancée Maggie Culverwell----Chantal Macartney from Trent University in Peterborough----Richard Lessard and his sister Linda Horn and her son---- Carolyn Lessard and her daughter Kiora Shizhu from Toronto----Andrew Cole, Douglas and Katherine and daughter Iliana Elizabeth Cole from Toronto----Steve, Ann Isaak and family from Stony Creek----Angela Wylie from Langley BC.

### *Congratulations*

Andrew Hill successfully completed the Royal Conservatory exams for piano, grade 8--82% and for theory, grade 2 - 100%----Emily Stevenson, after waiting three months for the results of her exams, got the good news that she is now a registered physiotherapist. She lives in Hamilton and works at the hospital in Brantford----Ted and Sue Stevens have a fourth grandchild, David Daniel Michener, born on November 14th 2004. The proud parents are Cathie(Stevens) and Gary Michener----Malcom and Heather MacGregor have an eighth grandchild, Camryn Heather MacGregor, daughter of Brent and Kim, born January 4th, 2005 at Morristown N.J. ----Arthur Dunn would have been a great grandfather for the first time. A girl, Olivia Joline Iellina was born on November 10th----Marjorie Mowatt is now 101 years young since January 23rd. 2005----Vera Barnes is now 91 years young since January 28th, 2005. She was in church one of the coldest Sunday of January. She drove from Woodland, Ontario, AMAZING.----Annie Morrison will be 82 on March 9th----Doris Jenkins will be 81 on April 11th----Marion Rae will be 81 April 13th.

### *Our sympathy*

Eleanor Hastings' brother Grant Lang, passed away Saturday November 6th, 2004----Jack Archibald's mother, Margaret Cockburn, passed away first week of January, 2005----Jackie Stapledon's mother, Doris Hill, passed away January 28<sup>th</sup>. She would have been 102 on March 9th, 2005. Our prayers are with all the bereaved families.

### *People we know*

Martha Archibald is now working in Manilla with O.M.F. until April----Laura Dickey is now teaching English as second language at the University in Chiclayo, Peru. I envy her, she will often see my favorite animal the llama. They look so noble. Maybe it's because they can see over everybody, I CANNOT!----Carla (Dickey) and Paul Benish moved to Toronto. Carla is studying Medical Laboratory Technology at the Michener Institute. She will be there for 3 years. Her husband's work is in Toronto----Freda Pattison had knee surgery in September. Everything went well. In late January she retired from teaching Grade 1. Soon she will find out that retirement is a full time job!

### *Baking cookies*

Did you know you can bake cookies at the Civic Hospital????? Helen Vandesande was looking for a patient on the geriatric ward. She asked the nurse where the patient was. The answer, “she is in the kitchen baking cookies”. Guess who? - Adeline Guigues, who will be 100 years young June 30th, 2005.

### *Morrin College, Quebec City*

The Morrin College building now known as “The Morrin Centre” was built in 1814 as the first jail in British North America. This building houses the library of the Literary and Historical Society of Quebec. It is across the street from the manse and St. Andrew’s Church, home to Canada’s oldest Presbyterian congregation. This library is full of memories and history. A \$6 millions project will showcase and promote the English-speaking presence in the Quebec capital. The completion of the Morrin Centre will also be a major element in plans for the 400th anniversary in 2008. It is a must to visit if you go to Quebec city.

### *A personal note*

December 19th was “Come and Worship” evening. Every year it is better than the previous one. Having the children involved was a good idea. I enjoyed every minute of it. Thank you to Phyllis, Ross and everyone participating in the presentation.

*God willing I will be back in June*

*Your friend*

*Ghislaine*

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## The Family: God’s Gift... Our Challenge

*A conference organized by the Ottawa Regional Team of the Renewal Fellowship  
within the Presbyterian Church in Canada*

When plans for this Conference were laid, the timeliness and urgency of the theme was not nearly as pressing as it was when February 12 came around. Invitations were sent to all Presbyterian churches in the three neighbouring presbyteries and beyond, and over a hundred persons crowded into St.Paul’s on the day.

The morning was given over to two main speakers, Mr. Ian Shugart and Dr. John Patrick.

It is impossible in the given space to describe adequately the richness and brilliance of each lecture which these seasoned servants of the Lord brought to the audience.

**Ian Shugart** presented the family as the beginning of any social organization, and with his profound knowledge of Old Testament culture expounded the three stories by which the ancient people of God lived: the story of *Creation*, the *Covenant* story and the *Giving of the Law*.

In them are contained now, just as much as back then, the answers to the basic human questions: *Who am I? Why am I here? How am I to live?*

**John Patrick** picked up the theme of God’s Covenant People and drew a picture of today’s culture in its rejection of the ancient wisdom. Drawing on his experiences of medical research in African cultures, he spoke convincingly to the necessity of transmitting behaviour changes not through scientific methods but through understandable, meaningful stories. Hence the need to immerse ourselves and our children in the love story Of God: *“Soak them in Bible stories!”*

In the second part of the day four representatives of **Christian Counselling Ottawa** offered workshops on some practical issues in family life .

**Thank you, St.Paul’s**, for offering your generous facilities.

**Thank you**, all you capable, willing, service-oriented people who played and sang, who cooked and waited on tables, who printed and taped, photographed, moved furniture and welcomed adults and children. When our worship team sent us off with the chorus “You have been a shelter, Lord, to every generation,” I trust we all had praise in our hearts over God’s precious gift and the resolve to cherish it.

*from Helga Stewart*



## ***St. Paul's Women Love to Sing, Win Prize***

*from Heather and Mack MacGregor*

Members at St. Paul's may be aware of the continuing connection between the Dunlop family and the Capital Chordettes, Inc., Women's Barbershop Chorus. Elaine Dunlop is one of the two charter members of the Chordettes who are still active with the chorus. Her late husband Gerry was the director of the Chordettes for 20 years and their daughter Carolyn Henderson currently sings with the Chorus.

The Chordettes represent Ottawa at competitions across Canada and the United States. In April 2004, the Chorus won the Area



Contest held in Montreal which qualified them to continue to the International Contest in Rochester in November 2004 where they placed third among the 80 choruses who are members of Harmony, Inc. The Capital Chordettes have won the International Chorus Contest three times, 1988, 1992 and 1996.

A not for profit organization, the Capital Chordettes hold various fundraisers throughout the year to fund travel and costumes, and support autism locally. For more than 40 years, the Chordettes have been entertaining audiences in the National Capital region with their acapella, four-part harmony. The chorus currently has over 60 members under the direction of Carol Gardner. Many types of songs are adapted to the barbershop style of singing, and their repertoire includes Broadway songs, rock and gospel. Their presentation style includes choreography to enhance the vocal message of the songs. They present an Annual Show at Centrepointe Theatre and participate in concerts, telethons and other special events throughout the Ottawa area.

**Congratulations, Elaine and Carolyn!**



## ***Mark Thallander to visit St. Paul's***

California organist, Mark Thallander, will be with us again at St. Paul's for a concert Sunday evening, July 10th! Since his tragic car accident over a year ago which claimed his left arm, Mark has been making amazing progress -- and hasn't lost his wonderful sense of humour. The concert in July will include organ solos by Mark and organ duets which have been written especially for him by leading American composers. For the duets he will be joined by organist, Jeremy McElroy, from Pittsburg. As well, other talented musicians from St. Paul's are expected to be a part of the program. Circle July 10th on your calendar now!

*Ross Dixon*

P.S. I'll be visiting with Mark in Pasadena at the end of February when I'll be attending a choral festival at Lake Avenue Congregational Church. Mark will be playing the organ as part of the program. I'll let him know of the continuing interest of St. Paul's congregation in his progress.



## **- HYMNS FOR PROFESSIONALS -**



<b>CENSUS TAKERS</b>	All people that on earth do dwell
<b>CONTRACTORS</b>	The church's one foundation
<b>CREDIT CARD USERS</b>	A charge I have to keep
<b>DENTISTS</b>	Crown Him with many crowns
<b>DRY CLEANERS</b>	O for a faith that will not shrink
<b>GOLFERS</b>	There is a green hill far away
<b>LIBRARIANS</b>	Let all mortal flesh keep silent
<b>OBSTETRICIANS</b>	Go, labour on
<b>POLITICIANS</b>	Standing on the promises
<b>TAXATION OFFICERS</b>	We give Thee but Thine own
<b>TRAFFIC ENGINEERS</b>	Where cross the crowded ways

*Reprinted from The Bridge, Bromley Road Baptist Church, in Focus, June 1999.*

## Some recent additions to the Library:

**239 M33 2002 Beyond belief to convictions: what you need to know to help youth stand strong in the face of today’s culture / Josh McDowell & Bob Hostetler.**

“...Simple, solid, relational ... a basic tool for truth and life – one I am glad to recommend.”

- Dr. James I Packer

**248.4 C73 1997 Connecting: healing for ourselves and our relationships / Larry Crabb.**

“This book is the culmination of Larry Crabb’s life work. It took great courage for him to write it – will the church have the courage to follow.”

- Philip Yancey

**248.842 B84 1994 Half time: changing your game plan from success to significance / Bob Buford.**

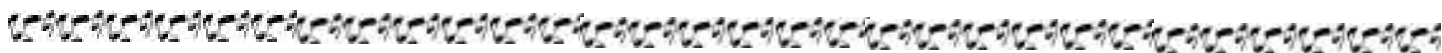
**Half time** by Bob Buford is a radically personal, honestly engaging, deeply moving, and spiritually challenging book. It confronts the reader with the crucial choice between successes and fruitfulness, death and life, fear and love. It is a true call to conversion by a man for whom conversion has become an ongoing way of life. – Henri Nouwen

*from Bill Nesbitt*



### *A new but limited service is now available – complete Sunday worship services on CD’s*

We are still maintaining the service of providing complete Sunday morning worship service on audiocassette tapes. We recycle many of the tapes returned to us, but because it is becoming more difficult to obtain audiocassette tapes, and the cost of purchasing CD’s is considerably less, we are working on a system to provide this service to the congregation.



My Favourite Hymn *by Marion Rae*

### **Praise, My Soul, the King of Heaven**

The text of this majestic hymn, written by Henry Lyte (1793-1847), is a summary of the psalmist’s admonition in Psalm 103 (3-10) to praise Almighty God who:

- forgives all our iniquities; heals our diseases
- redeems our life from destruction; crowns us with loving kindness and mercy
- satisfies us with good things; renews our youth;
- works righteousness and judgement for the oppressed;
- gives guidance to his people; is merciful;
- is gracious and slow to anger while plenteous in mercy
- knows all about us; will never forsake us.

Henry Frances Lyte was born in the village of Edsam, Scotland on June 1, 1793. He had intended to enter Medical School, but felt called to the ministry and entered Divinity School at Trinity College, Dublin. Henry became a brilliant scholar, poet and hymnologist and was a well loved and respected clergyman of the Church of England. Although he experienced many difficulties in life, particularly ill health, the inspiration of this well-loved hymn enables believers to lift triumphant voices of praise to God in spite of circumstances that may come.

The pursuit of God’s glory, the Lordship of Christ, and the worship of our Creator-redeemer result in a life of praise, joy, inner peace and contentment.

“Praise, My Soul, the King of Heaven” was the requested processional for the wedding of Queen Elizabeth II at Westminster Abby on November 20, 1947, exactly 100 years after the death of Henry Lyte.



# Social Action Report

The St. Paul's Social Action Program is a member of the West End Interfaith Social Action Program. The members of the St. Paul's Social Action Team include: Jack and Audrey Bush, Don and Lucille Campbell, Margery Fraser (Coordinator), Lawrence and Belinda King, Bill and Ghislaine MacLennan, Wes and Joyce McNaughton, Don Olmsted (Treasurer), Mervin and Norma Stanzel, and Charles and Irene Zinck.

We are so pleased to welcome Mervin and Norma Stanzel to our Social Action Team. We are sorry to lose Elizabeth Cole as Co-Coordinator.

Len and Betty Christie, who have been such faithful members for many years, are also leaving the Team. Len has done so many extra duties at Christmas time, especially secretarial work in preparing the lists of families and children, and also materials (labels and receipts) for the Christmas season. We shall miss them.

The requests for food have decreased over the years. Last year we answered forty calls with each family receiving canned food and a package of pasta from the St. Paul's food cupboard, plus food vouchers from Loeb (\$10.00 for a family of one or two persons and \$20.00 for three or more people). All recipients sign a receipt that is forwarded to the Social Action treasurer who, in turn, gives it to our church treasurer.

The St. Paul's Social Action Program helps those who live in the Foster Farm area (Ramsey Crescent and Dumaurier Avenue) as well as the Pinecrest-Queensway area (Elmira Drive and Iris Street). We received forty-one requests for food from people who live out of our assigned area, so they were directed to the nearest food bank

The St. Paul's food cupboard has been kept well supplied by donations to the "Can-A-Week" Box located in the narthex, thanks to the generosity of our St. Paul's Family. As a result, we have not had to purchase any food for quite some time.

There is a new food distribution centre called "Joseph's Store House" located on Slack Road which now serves the east side of the Woodroffe Avenue – Merivale Road area.

We have just received the application forms for the 2005 Gracefield Camp and Conference Centre Summer Program. We will be contacting parents who live in the area served by our Social Action Program to see if they wish to enrol their children. Camping at Gracefield is a memorable experience for these disadvantaged children. Gracefield has a "Family Friendly Schedule" for 2005. Parents can send all of their children to camp during the same week

because three different age groups are scheduled in each of four different camping weeks. There are many new improvements to the facilities and programs this year. There is a new lounge and meeting room called Pineview, new trails (Kumbayah Prayer Trail and Aerial Trek), new Chapel benches and a Laundromat.

St. Paul's is blessed with a very dedicated team of volunteers who deliver the food to our needy neighbours. Also, we are thankful for our very patient and hardworking Office Administrator, Frances Cartwright, who cheerfully receives the telephone requests for assistance and then relays them to the Team Coordinator.

Last, but not least, the Social Action Team is most appreciative of all of the assistance provided by everyone at St. Paul's, including donations (both food and financial) as well as needed prayer support. May the Lord continue to direct us in all phases of our work helping those who are much less fortunate.

*Margery Fraser*  
Coordinator, Social Action Team



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or by giving copy (and diskette if possible) to a member of the FOCUS committee.